

South Bay Roundup – Labor Day Weekend
September 4-6, 2020
www.southbayroundup.org

MAIN SPEAKER MEETINGS

(All times are Pacific Daylight Time)

Friday, September 4

7:00 PM Opening Ceremonies

7:30 PM AA Opening Speaker Meeting

Steve L., Redondo Beach

Saturday, September 5

9:00 AM AA Biker Speaker Meeting

Josh H., Simi Valley

Noon Al-Anon Speaker Meeting

Danny B., Torrance

3:00 PM AA Musicians Speaker Meeting

WC Snuffy D., Calabasas

AA Saturday Night Speaker Meeting

Billy C., Pasadena

Sunday, September 6

9:30 AM Family Speaker Meeting

**Alec L., Irvine (AA), Carolyn L., Rancho PV
+ Al-Anon Young at Heart Speaker**

11:30 AM Closing Ceremonies

Noon - AA Closing Speaker Meeting –

Deborah C., Laguna Beach

In Between the Main Speakers join us for “Breakout meetings” in the Roundup Zoom Rooms:

(All Times are Pacific Daylight Time – All meetings are subject to change – go to the website for the latest schedule)

Friday, September 4, 2020

9:15-10:15 pm

- 1) Evening Meditation – Laura M.
- 2) AA Topic Meeting -
- 3) Al-Anon Topic Meeting – “Living in the Present” – Marie R.
- 4) Coffee House & Open Mic

Saturday, September 5, 2020

7:45-8:45 am

- 1) Morning Meditation – Andy S.
- 2) Fitness Meeting – Dancefit w/Charlene P.
- 3) Al-Anon Topic Meeting – “Courage to Change” – Vicki V.
- 4) AA Topic Meeting – “AA Around the World”

10:45-11:45 am

- 1) Step 11 – Herb K.
- 2) FEAR Workshop – Part I
w/Bill C., Jay S. & Matthew W.
- 3) Al-Anon Parents Panel – Bruce G.,
Melanie P., Troy G. & Marybeth M.
- 4) AA Women’s Speaker Meeting –
Marilyn S. & Georgia B.
- 5) AA Veterans Panel Meeting –
Pat S., Michael P., & Eddie D.

1:45 – 2:45 pm

- 1) Herb K – Step 12
- 2) FEAR Workshop – Part II
w/Bill C., Jay S. & Matthew W.
- 3) Al-Anon Long Timers Panel – Sandy L.,
Jean K., Chris C. & Cathy S.
- 4) Emotional Sobriety Workshop –
Part I w/Allan B.
- 5) AA Panel Meeting – Getting Sober in
Quarantine – Dave L., Kaivon S. & Derek F.

Saturday, September 5, 2020 (continued)

5:00-6:30 pm

- 1) Interview with a Drunk - John B. & Sara D.
- 2) AA Young People’s Panel – Josh S.
- 3) Al-Anon Sponsorship Panel – Mindy C., Sondra D.,
Robin G., & Lil S. (5-6pm)
- 4) Emotional Sobriety Workshop - Part II w/Allan B.
- 5) AA LGBTQ+ Meeting – Joyce M. (5-6pm)

6:15-7:15 pm

- 1) Al-Anon Topic Meeting – “Let Go & Let God” -
Rebecca C.
- 2) AA Topic Meeting – “The Family Afterwards” -
Jeff & Roxanne P.

9:15 – 10:15 pm

- 1) Evening Meditation – Carter S.
- 2) AA Topic Meeting – “A Program of Action” – Mark H.
- 3) Al-Anon Topic Meeting – “Acceptance &
Gratitude” – Bonnie L.
- 4) Music & Musings w/Teresa T.

Sunday, September 6, 2020

8:15-9:15 am

- 1) Morning Meditation – Franny S.
- 2) AA Panel – “A Variety of Spiritual Experiences” -
Karen B., Kim O. & Mary Mck.
- 3) Al-Anon Topic Meeting – “What I see is What I Get” -
Jessica S.
- 4) AA Birthday Meeting – Wayne’O

